



Changing Lives

C A T A L O G U E

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Dear Friends of Tropicana Community Services:

This catalogue provides you with a list of programs and services that Tropicana provides to help change the lives of vulnerable children and youth.

The choices in this catalogue provide children and youth with the skills, resources and connections they need to reach their fullest potential. We call this the *Tropicana Effect*.

From social/recreational opportunities to education, life skills training and counselling, your donation makes a difference.

Help change a life today!

Sincerely,

Sharon Shelton,
Executive Director

Social/Recreational

Send a Child to Camp



March Break Camp

Summer Camp

\$50⁰⁰
/week

\$110⁰⁰
/week
Regular Camp

\$167⁰⁰
/week
Specialty Camp

Camps offer physical activity, teach social skills and help children and youth gain independence. Your gift will provide children ages 5-14 with a safe space to have fun and engage in exciting activities during March Break or the summer.

Education

Increase a Child's Learning



Increase Your Success Tutorial Program

\$175⁰⁰

Tropicana's tutoring program assists students from grades 1-12 who are experiencing difficulty in Mathematics and Language Arts. This gift will supplement a child's learning with 24 instructional classes.

Education

Waken a Child's Analytical Thinking



Chess Classes

\$50⁰⁰

Chess has long been recognized as a game that helps improve academic achievement. Sharpen a child's thinking and enhance their analytical skills by giving the gift of this eight-week chess program.

Education

Spark a Musical Genius



Steelpan Lessons

\$50⁰⁰

Steelpan provides youth with the opportunity to learn to play the only major musical instrument invented in the 20th century. Give a child the gift of an eight-week program to learn to play this wildly popular instrument.

Education

Give the Gift of Discovery



YMCA Youth Exchange

\$3,500⁰⁰

The YMCA Youth Exchange program gives youth ages 12-17 the opportunity to explore Canada and experience life in new ways. This gift will help 15 local youth gain new perspectives in a host community for 5 days and host visitors for 5 days.

Education

Give the Gift of Technology



Digital Media Training

\$6,000⁰⁰

Digital media training provides youth and young adults with skills that can lead to employment. This gift will buy a professional Ursa 4k camera and 2 Canon EOS Rebel T6i cameras to teach digital cinematography and digital photography.

Life Skills

Give a Youth Life Skills Training



YouthSTART

\$50⁰⁰

YouthSTART is an innovative program geared to reducing aggressive tendencies in children aged 9 to 13. This gift will provide a child with twelve weeks of pro-social skills training and give them the tools to maintain self-control, increase self-esteem and work through conflicts.

Life Skills

Give the Gift of Empowerment



Sister 2 Sister

\$500⁰⁰

Sister 2 Sister provides the space for young women ages 14-18 to participate in activities and have healthy discussions about current issues. This gift will cover the cost of a team building trip for 20 young women, teach pro-social skills, help participants realize their self-worth and boost their self-esteem.

Life Skills

Give the Gift of Self-Esteem



ManUP

\$500⁰⁰

Man Up is a community-based educational program that addresses the unique needs of males aged 14-18. This gift will cover the cost of a team building trip for 20 young men, teach pro-social skills and empower participants to become positive role models.

Counselling

Help a Youth Realize Their Self-Worth



Individual Counselling

\$150⁰⁰

Tropicana's counselling department helps individuals learn about healthy relationships, increase their self-esteem and gain access to the mental health services they need. Your gift will provide six one-on-one counselling sessions to provide a youth with the support required.

Thank you for supporting Tropicana
Community Services and making a
difference in the lives of children and
youth.



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