

## Together We Can Youth Mentorship Program

For youth ages 9–25.

The Together We Can Youth Mentorship Program is designed for Black, African, and Caribbean youth. It matches youth with an adult mentor that can help review life opportunities and options and guide choices, resulting in better outcomes.

## How can a mentor help?

We all need to be able to count on someone from time to time and that's what mentors are for. They help mentees face hurdles and explore and debate solutions, guiding the mentees to make better choices, but not making them for them. Mentors can also help with positive things like pursuing and achieving goals in various areas:

- Education
- Employment or entrepreneurship
- Civic engagement
- Leadership
- Cultural identity

## An activity-based program

The mentoring program is based on activities that are culturally aligned, with an anti-Black

racism focus. Activities help youth build confidence, acquire life skills, and overcome potential barriers, including systemic racism. Activities include but are not limited to:

- · Group mentoring with peers
- · Workshops, events, and field trips
- Cultural projects
- Community activities
- · Academic and employment support

## What's the goal?

The overall goal of the Youth Mentorship Program is for mentees to feel better about themselves and their life decisions as well as acquire the tools to build their best life. It's the way to start to find their place in the community and contribute, as well as develop a life and career path that takes advantage of each mentee's talents.

To register or for more information go to mytropicana.ca/mentee or call 416-439-9009 and ask for the Counselling Department.

Funded by:



