



# Enhanced Youth Outreach Worker



This program offers one-on-one clinical counselling for high-risk Black youth ages 12 to 25 and their families to prevent youth from further risk and violence. The Enhanced Youth Outreach Worker (EYOW) program works with participants to develop and enhance their identity, culture, and sense of belonging to their community as a protective factor in their move through life's challenges and changes..

The assistance given is culturally sensitive and client-centred with an anti-Black racism lens to help youth better navigate and connect with others. Positive social opportunities are explored through individual sessions or with family/caring adults where youth are empowered to strengthen conflict resolution skills, self-esteem and confidence, resilience, sense of identity, culture and overall sense of belonging to their community.

## About the Program

This program provides free sessions in-person, by telephone, and online for concerns that may include:

- Breakdown with peers, family, intimate partners, or caring adults
- Conflict with peers, school, or the law
- Emotional well-being
- Trauma
- Accessing community resources (e.g., food security, housing, education, employment, health care, income support, legal and social/recreation)

## Eligibility

- Participants must identify as Black and be between the ages of 12 to 25

To learn more or to apply for this program, go to [mytropicana.ca/EYOW](https://mytropicana.ca/EYOW)



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