

# Transitional Housing and Support



This program offers free transitional and housing support for women (ages 16 or older) and their dependents experiencing abuse by partners or significant others (including caregivers, family, or household members). It helps them connect with community resources and access safe housing.

This service uses a strength-based approach to help participants live free of abuse and prevent re-victimization. The strength-based approach focuses on the positive attributes of a person, rather than the negative.

## About the Program

The program offers in-person, by telephone, and online services that include:

- Developing transition and safety plans
- Information sharing and advocacy on rights, options, and available services
- Referrals to appropriate services, including:
  - Housing
  - Counselling
  - Parenting support
  - Educational upgrade
  - Job training/employment
  - Income support and food security
  - Immigration
  - Legal
  - Health and wellness
  - Accompaniment to access resources

## Eligibility

- Participants must identify as female and be 16 years or older

To learn more or to apply  
for this program, go to  
[mytropicana.ca/housing](https://mytropicana.ca/housing)



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