



Preparation for Integrated Employment Services (IES)



Prep IES

A Free 4-Week Program to Help You Get Job-Ready

Who It's For

Racialized youth ages 18-29 who are:

- New to the workforce
- Unemployed for 6 months
- Looking to build confidence and job-readiness skills

What You'll Learn

- How to manage emotions and workplace conflict
- Professional communication & teamwork
- Problem-solving and ethical decision-making
- Goal setting and career planning
- One-on-one coaching available

Program Details

- **Location:** 505 Consumers Road, Suite 102, North York, ON
- **Time:** 10:00 a.m. – 3:30 p.m.
- **Space:** 20 participants per session
- **Cost:** FREE

Upcoming Sessions

- June 2 – June 27, 2025
- July 21 – August 15, 2025
- September 8 – October 3, 2025
- October 27 – November 21, 2025

Why Join?

This program helps you build the confidence, skills, and mindset needed to succeed in the workplace, then connects you directly to Tropicana's Integrated Employment Services (IES) for job support.

To learn more or to register for this program, go to [my tropicana.ca/prepies](https://my.tropicana.ca/prepies)

